

## Associate Lois Pflum

### FIRST COMMITMENT

2011

### BIRTHPLACE/HOMETOWN

Stevens Point, WI / Fond du Lac, WI

### EDUCATION

**St. Mary's Spring High School**  
Fond du Lac, WI

*High School*

**St. Vincent Infant & Maternity Hospital**  
Chicago, IL

*Graduate*

*Numerous seminars and certificates related to social work, death and dying, dementia, and guardianship*



### WHAT DREW ME TO THE CSA ASSOCIATES

Long time friendships with many sisters over the years, such as Sr. Maralyn Homiak and Sr. Emily Schug. I went on a pilgrimage visit to the shrine of Our Lady of Guadalupe with Sr. Emily Schug and remember her reflections on her roles and values as a CSA sister.

### WHAT IT MEANS TO BE CELEBRATING JUBILEE AS AN ASSOCIATE OF CSA

I learned to “quiet myself” more each year and am celebrating with more spiritual reading and attending Mass and Adoration. Celebrating means seeing all people as who and what they are, as unique children of God, always to be treated with dignity and respect no matter what.

### VOLUNTEER & MINISTRY WORK

- Worked in nursing home interacting with residents, family members, clergy, and attorneys
- 1995-2019 until the publication ended—Freelance writer for cover feature stories for Maturity Times (later called Experience)
- Published writing in Wisconsin Home Gallery several years, area newspapers, and magazines; received an award for article about foster grandparents.
- Volunteer at St. Agnes Hospital—served coffee in ER and ICU waiting rooms, listened to people, and if they chose, prayed with them
- Involved in many blood drives
- Volunteer for Big Brother/Sister organization
- My husband and I were selected to be Network Health Ambassadors and were featured on the cover of Concierge Magazine, a quarterly publication for people enrolled in Network Health.
- Lifelong learner, reader, writer