



2025 JUBILEE

Celebrating 70 years

Sister Helen Gallitz

MINISTRY SITES

- 1955 - 1963 **St. Peter Claver School**
Sheboygan, WI
Grades 1, 2, 4
- 1963 - 1967 **St. Bernard School**
Watertown, WI
Grade 1
- 1967 - 1973 **St. Joseph School**
Fort Wayne, IN
Grades 1, 2, 4
- 1977 - 1980 **Consolidated Parochial School**
Marytown, WI
Grade 2, Principal
- 1980 - 1981 **Precious Blood Parish**
Milwaukee, WI – Director of
Elementary Religious Education
- 1981 - 1989 **St. Mary Parish**
Omro, WI
Director of Religious Education
- 1989 - 1990 **St. Veronica Parish • Milwaukee,**
WI – Director of Elementary
Religious Education
- 1990 - 1992 **Holy Spirit Parish**
Milwaukee, WI – Director of
Religious Education
- 1992 - 1994 **Milwaukee Achiever Program**
Milwaukee, WI – Coordinator of
English as a Second Language
- 1996 - 2012 **Private Practice • Fond du**
Lac, WI – Massage Therapy &
Healing Touch
- 2006 - 2019 Facilitator of women's spirituality
groups and various volunteer
activities

FIRST PROFESSION

1955

BIRTHPLACE/HOMETOWN

Fond du Lac, WI

EDUCATION

Marian College • Fond du Lac, WI – BS in Elementary Education
St. Francis College • Fort Wayne, IN – MS in Elementary Education
Loyola University • Chicago, IL – Masters in Pastoral Studies
Blue Sky Education Foundation, Inc. • Grafton, WI – Certified
Massage Therapist
Colorado Center for Healing Touch, Inc. – Certified Healing Touch
Practitioner

STORIES FROM MINISTRY

As I look over these past years, there has been a repeated presence of the following prayer. This prayer has provided and is providing me with words which are inviting, challenging, encouraging, and supporting.
Lord, make me an instrument of Your Peace; where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where is sadness, joy.

O Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved, as to love; for it is in giving that we receive, it is in pardoning that we are pardoned, and it is in dying that we are born to eternal life.

- St. Francis Assisi

A BLESSING TO SHARE

A blessing I have had is being in contact with CSA associates. Their “God presence” speaks loudly of peace, justice, love, compassion, caring, courage and a contemplative spirit.



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Your Story of Sister Helen

