CSA Massage Therapist/Spiritual Directors for Hermitages

Fee: Costs are arranged when you make appointments with the massage therapist and/or spiritual director.

“We need to find God, who cannot be found in noise and restlessness. God is the friend of silence. See how nature ~ trees, flowers, grass ~ grows in silence. See the stars, the moon and the sun, how they move in silence... We need silence to be able to touch souls.”

~ Mother Teresa

Sister Beatrice Lindsay, CSA

“I completed studies in massage and became nationally certified in 1996. After practicing in New Mexico from 1996–2002, I moved to Fond du Lac, Wisconsin where I have established a practice. I am certified for massage in Wisconsin and am a member of the American Massage Therapy Association. In addition to massage, I also provide basic cranio-sacral therapy and ear candling.”

Sister Jean Hinderer, CSA

“My Spiritual Direction preparation is from the Franciscan Spirituality Center in LaCrosse, Wisconsin. Presently, I am a mentor for participants in that three-year program as they prepare to be a spiritual guide. I have been a spiritual guide and retreat director for over 20 years, and I believe that through the Scriptures, prayer, and with the use of imagination and creativity, we can become aware that our own life’s story is filled with “joyful and sorrowful mysteries” where God is always present with unconditional love and mercy. I have also worked in education, formation ministry, and vocation discernment ministry in my community for a number of years. I also write a weekly blog that is posted on the CSA website.”
**Sister Rhea Emmer, CSA**

“Spiritual Direction and retreat ministry have been my avocation for the past 40 years. I am a registered nurse and taught applied spirituality to healthcare professionals for 35 years. I am a graduate of the Christian Spirituality Program at Creighton University in Omaha, Nebraska, and have served on the summer staff at the Jesuit Retreat House, Oshkosh, Wisconsin since 1978. I believe that God is love and that we are the beloved of God. It takes a lifetime to let that sink in!! Silences and solitude are doorways for love to enter us.”

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**Sister Ruth Battaglia, CSA**

“In 2015, I completed my training in Spiritual Direction from the Franciscan Spirituality Center in LaCrosse, Wisconsin. Occasionally, since the mid-1980s, I accompanied individuals in their spiritual journey. My Master's degree in Religious Education, with a concentration in liturgy, is from St. John's University in Collegeville, Minnesota. I have served as high school Social Studies and Theology teacher, Parish Minister, and member of the leadership team of my community, the Congregation of Sisters of St. Agnes (CSA). I am active in social justice causes and am the former Coordinator of the Justice, Peace, Integrity of Creation office for CSA.”
Sister Patrice Rog, CSA

“After completing my training for Spiritual Direction in Chicago, Illinois I was on staff at a small ‘house of prayer’ in the African American community and then joined the staff of Monte Alverno retreat center in Appleton, Wisconsin. During that time, I journeyed with people striving to find God. I am in awe at the many wonderous ways God is present in our lives. My delight is to walk with others as they experience God.”

Sister Susan Seeby, CSA

“I am a graduate of the Christian Spirituality Program at Creighton University in Omaha, Nebraska. I have been engaged in the ministry of Spiritual Direction and retreat direction for 11 years, including preaching and directing retreats at the Jesuit Retreat House in Oshkosh, Wisconsin. In addition to ministry of Spiritual Direction, I have taught Theology at the high school level. I was a member of the staff of the Brother David Darst Center for Spirituality and Education in Chicago, Illinois. I was a member of the leadership team of my community, the Congregation of the Sisters of St. Agnes, in Fond du Lac, Wisconsin. I believe that we are deeply loved by God and in the quiet may come to truly know this love.”