Thessalonians 1

But friends you are not in the dark, so how could you be taken off guard by any of this? You are sons of Light and daughters of Day. We live under wide open skies and know where we stand. Walk out into the daylight dressed in faith, love, and hope of salvation. Be cheerful no matter what; pray all the time; thank God no matter what happens This is the way God wants you who belong to Christ Jesus to live.

Source: Paraphrased from The Message by Eugene Peterson